

Full Report (All Nutrients) 45040747, MEIJER, BREADED & BONELESS RAW STUFFED CHICKEN BREASTS, UPC: 886926292640

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	5.0 oz 140g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	309	221
Protein	g	--	--	19.00	13.57
Total lipid (fat)	g	--	--	21.00	15.00
Carbohydrate, by difference	g	--	--	13.01	9.29
Fiber, total dietary	g	--	--	1.0	0.7
Sugars, total	g	--	--	0.99	0.71
Minerals					
Calcium, Ca	mg	--	--	150	107
Iron, Fe	mg	--	--	0.71	0.51
Sodium, Na	mg	--	--	750	536
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	12.0	8.6
Vitamin A, IU	IU	--	--	400	286
Lipids					
Fatty acids, total saturated	g	--	--	6.006	4.290
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	50	36

Amino Acids

Other

Ingredients

CHICKEN BREAST WITH RIB MEAT (CONTAINING UP TO 11% OF A SOLUTION OF WATER, SODIUM PHOSPHATE, ROAST CHICKEN, SALT, SUGAR, ONION POWDER, NATURAL FLAVORING), BROCCOLI, PASTEURIZED PROCESS SWISS AND AMERICAN CHEESE (SWISS CHEESE [CULTURED MILK, SKIM MILK AND WATER, SALT, ENZYMES[, AMERICAN CHEESE [CULTURED MILK, SALT, ENZYMES], CREAM, SODIUM PHOSPHATE, SALT, MAY CONTAIN SODIUM CITRATE, LACTIC ACID, SORBIC ACID [PRESERVATIVE)], ENRICHED BLEACHED WHEAT FLOUR (WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, WHEY, YELLOW CORN FLOUR, BUTTERMILK POWDER,

ROAST CHICKEN, DEXTROSE, SPICE, SUGAR, SOYBEAN OIL, ROMANO AND PARMESAN CHEESE (PASTEURIZED COWS' MILK, CHEESE CULTURES, SALT, SODIUM SILICALUMINATE [ANTI-CAKING], SORBIC ACID [PRESERVATIVE], ENZYMES), YEAST, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), OLEORESIN PAPRIKA, (COLOR), NATURAL FLAVORINGS, ANNATTO EXTRACT, OLEORESIN TURMERIC (COLOR), PREBROWNED IN VEGETABLE OIL. *Date Last Updated by Company: 11/04/2015*